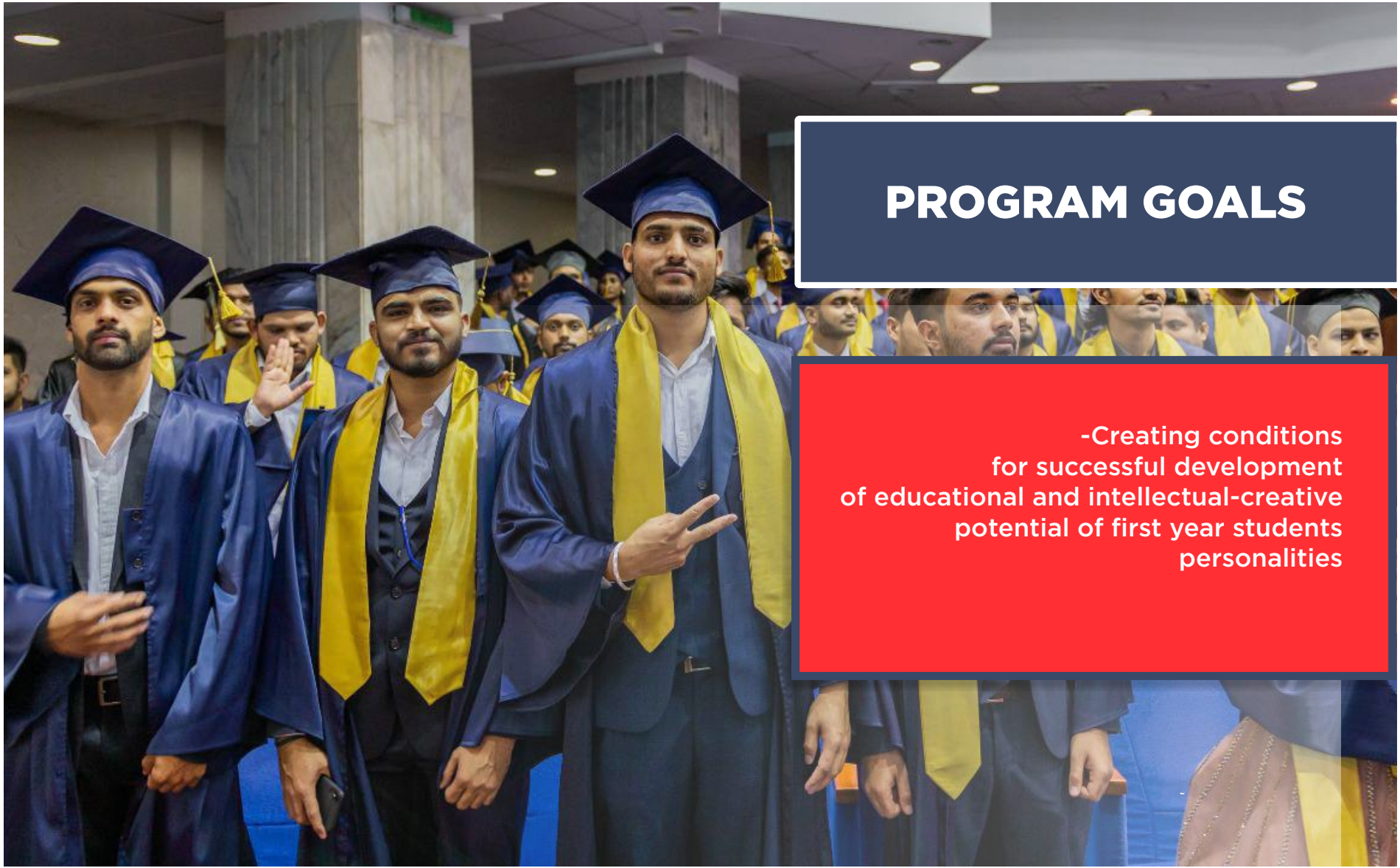




KAZAKH-RUSSIAN
MEDICAL UNIVERSITY
FOUNDED IN 1992

ADAPTATION PROGRAM FOR FIRST-YEAR STUDENTS TO STUDY





PROGRAM GOALS

-Creating conditions for successful development of educational and intellectual-creative potential of first year students personalities



PROGRAM OBJECTIVES:

1. Professional formation of first year students
2. Development and holding events, directed to personal, social-psychological and educational-professional growth of first year students
3. Development and implementation of psycho technologies for intellectual-creative potential advancement of first year students in education environment
4. Formation of representations about the structure of studying process, extracurricular activity and corporate culture of educational institution
5. Psychological support and accompaniment of the adaptation process to educational activity
6. Creating a social development situations, providing psychological conditions to health-care and personal development of first year students
7. Development of first year students positive and active life attitude, development strategies in personal and future professional performance

8. Formation of responsibility and the ability to active social cooperation, ethnic tolerance and respect rights and freedoms of another person in first-year students

9.Development of groups unity, creating positive psychological climate in teams

10.Development of effective interpersonal interaction skills, improving their self-confidence

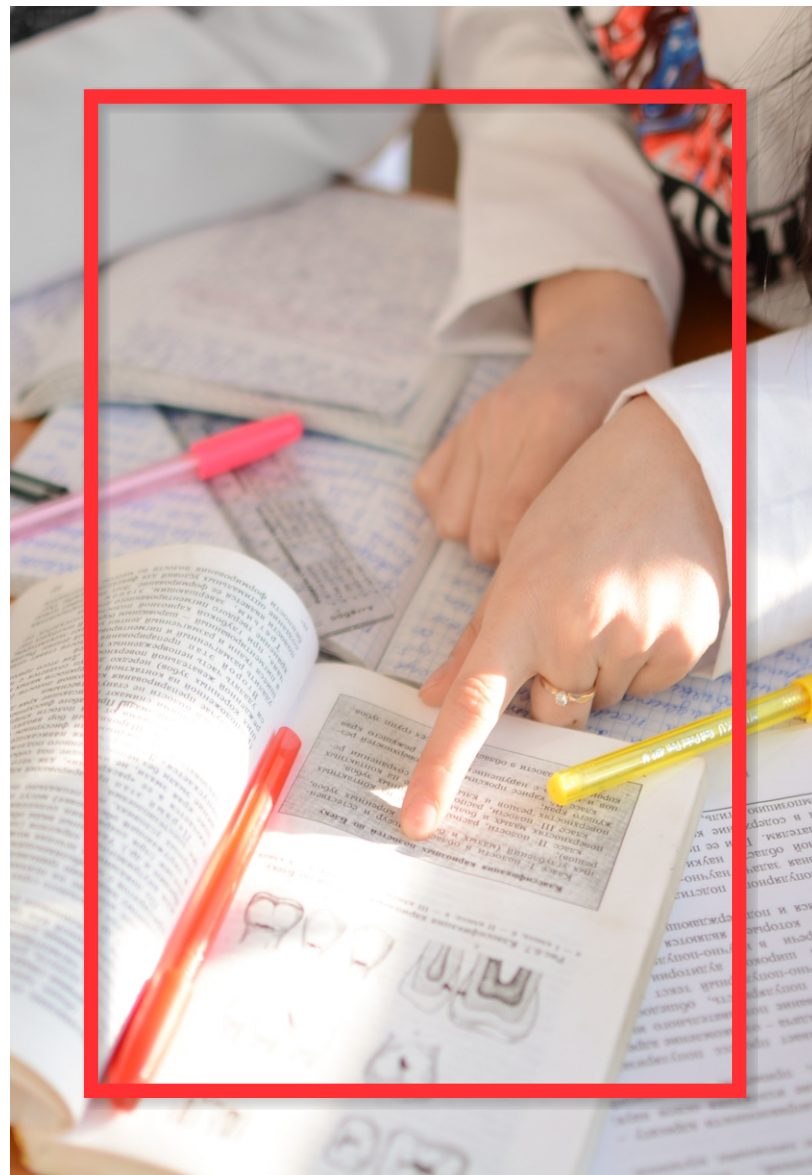
11.Diagnosis of first year students abilities, interests, social work experience

12.Formation of intentional and responsible attitude to education, to chosen profession

13.Exploration of student dormitory rules?

14.Providing psychological and social assistance

15.Creating conditions for integration of first year students into campus life, into cultural recreational, sportive, volunteer or other socially significant activity



PRECONDITIONS FOR PROGRAM REALIZATION

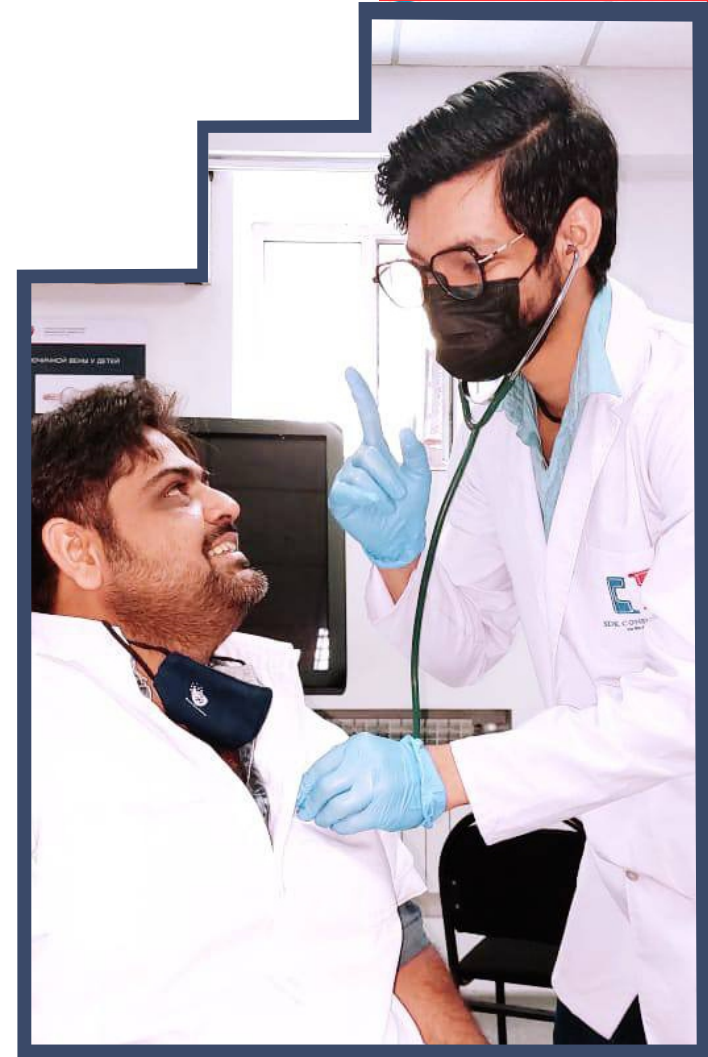
STUDENTS ADAPTATION IS A VERY COMPLEX
PHENOMENON ASSOCIATED WITH RECONSTRUCTION
OF STEREOTYPICAL BEHAVIOR AND OFTEN PERSONALITY

Throughout the first year of studies
takes place the inclusion of first year student
into student collective, abilities and skills of rational
intellectual activity organization are being formed,
realization of calling to chosen profession occurs,
development of optimal regime of work,
leisure and life, professionally significant personal skills
are being developed and raised.



DIFFICULTIES ARISING IN THE PROCESS OF ADAPTATION OF FIRST-YEAR STUDENTS TO STUDY AT THE UNIVERSITY:

1. Worries, related to leaving the school crew
2. Deficient motivational readiness to chosen profession
3. Inability to perform self-regulation, lacking abilities to accomplish individual works; inability to take notes, to work with sources, vocabularies and catalogues
4. Searching for an optimal work and rest regime in a new environment
5. Fear of public speaking in front of classmates and reputable university teachers
6. Social-economic problems of students from other cities: ensuring themselves with a house and financial resources, unfamiliarity with city, lack of emotional support from family and friends



PROGRAM STRUCTURE

PSYCHOLOGICAL BLOCK IS ORIENTED ON:

1

PSYCHOLOGICAL SUPPORT
AND ESCORTING THE ADAPTATION
PROCESS TO EDUCATIONAL
ACTIVITY

2

DEVELOPMENT AND IMPLEMENTATION
OF PSYCHO TECHNOLOGIES
TO IMPROVE THE INTELLECTUAL-CREATIVE POTENTIAL
OF THE FIRST YEAR STUDENTS
IN EDUCATIONAL ENVIRONMENT

3

DEVELOPMENT OF STUDENTS POSITIVE
AND ACTIVE LIVING POSITION,
STRATEGIC DEVELOPMENT IN
PERSONAL AND FUTURE PROFESSIONAL
ACTIVITY

4

CREATING SOCIAL SITUATIONS
OF DEVELOPMENT, THAT PROVIDES
PSYCHOLOGICAL CONDITIONS FOR
HEALTH-CARE AND DEVELOP STUDENTS
PERSONALITY

PSYCHOLOGICAL BLOCK INCLUDES:

Survey amongst students
to detect signs of violence
(emotional, physical,
economic, sexual)

Seminar-training
“ethnic tolerance and
development of active
social cooperation abilities”

Psychological accompaniment
of high-risk group students - orphans,
disabled and students
with deviant behavior



Training for first year students
“psychological basis of
adaptation and personal
self-actualization of
first year students



**THE INFORMATION BLOCK
ORIENTED ON:**

**ORGANIZATION OF INFORMATION SUPPORT FOR FIRST YEAR
STUDENTS AND SUPERVISORS, INTRODUCTION OF FIRST YEAR
STUDENTS WITH FEATURES OF EDUCATIONAL PROCESS
OF THE UNIVERSITY**



**KAZAKH-RUSSIAN
MEDICAL UNIVERSITY**
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**KAZAKH
MEDICAL**



INTERNATIONAL PARTNERSHIP
EVERY YEAR STUDENTS
STUDENT AND TEACHERS FOR
EDUCATION PURPOSES AND INTERNSHIP
NUMBER OF
OUR
REPUBLIC

INFORMATION BLOCK

INCLUDES:

Placing info on the university's website, in social media, information on panels, publication of material in "actual problems of theoretical and clinical medicine" magazine, and other forms of information support.

Conducting the "knowledge day" festival, organizational and thematic meetings holding, holding the "Curatorial hour", introducing with the university, it's history, traditions, constitution, educational process features, internal rules of procedure, corporate culture of educational institution

Introduction tours in the university, organizing surveys for first year students, meetings with the members of youth policy centre on first year students faculties





SOCIAL BLOCK IS ORIENTED ON:

Social and financial assistance for students
with specific needs, high-risk group students
- orphans, disabled

Involving students to organization and holding
cultural events

SOCIAL BLOCK INCLUDES:

Creative evenings, “dedication to students”,
organizing students participation in contests,
festivals, city-level reviews

ACADEMIC BLOCK ORIENTED ON:

Adaptation assistance to educational process,
integration into students science
community activities.

ACADEMIC BLOCK INCLUDES:

Forming consistent interest
of first year students to chosen profession through
the acquisition of knowledge

Attracting first-year students
to research work



WE ARE OPEN TO EVERYONE!

CONSULTATION
FOR THE WHOLE YEAR



@medkrmu



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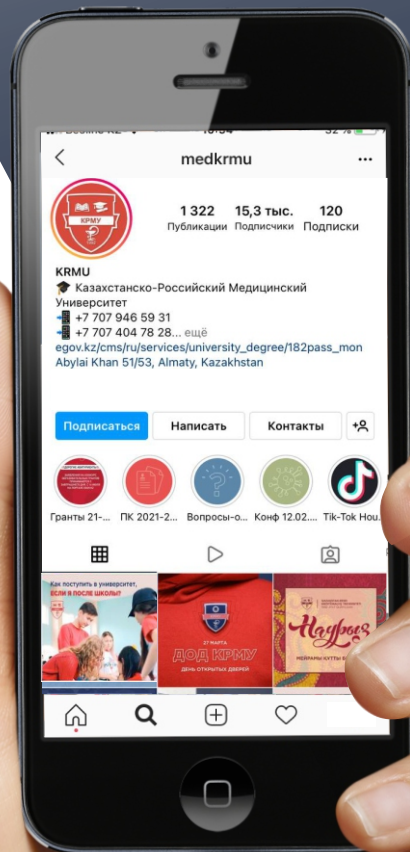
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WRITE:
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**FOR ANY QUESTIONS,
PLEASE CONTACT:**

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8 (707) 404 - 78 - 28

HASGTAGS:

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